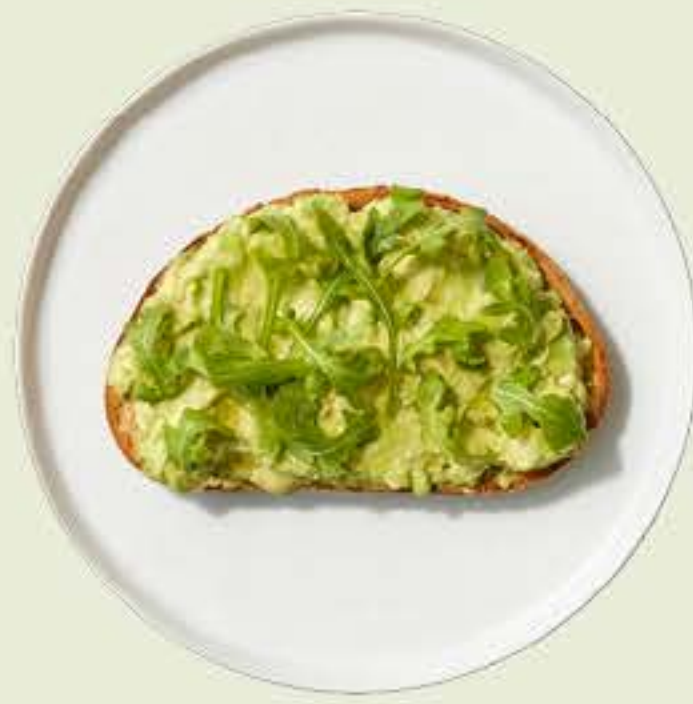


# TOAST



## Berries & Cream

**\$9.79** 320 cal  
goat cheese, strawberries,  
blueberries, banana, & granola



## Classic Avo •

**\$8.49** 280 cal  
avocado, arugula, lemon squeeze,  
& extra virgin olive oil



## Everybody's Everything

**\$8.49** 350 cal  
avocado, bacon, egg, lemon squeeze,  
& everything bagel seasoning



## Lox Star

**\$11.99** 280 cal  
avocado, smoked salmon,  
cucumber, lemon squeeze,  
& everything bagel seasoning



## Maple Almond Crunch •

**\$8.49** 520 cal  
almond butter, bananas,  
blueberries, candied pecans,  
toasted coconut, & maple syrup



## PB Crunch

**\$8.49** 400 cal  
peanut butter, banana,  
strawberries, & granola



an **OTG** experience®

# SCAN HERE FOR TAKEOUT

ALL PURCHASES ARE SUBJECT TO A 4.5%  
HOSPITALITY CHARGE. THIS SURCHARGE IS NOT  
A GRATUITY PAYABLE DIRECTLY TO STAFF.

\*CONSUMING RAW OR UNDERCOOKED MEAT, FISH, SHELLFISH, POULTRY OR EGGS CAN INCREASE YOUR CHANCES FOR A FOODBORNE ILLNESS. MORE INFORMATION FOR ALTERNATIVE CHOICES IS AVAILABLE UPON REQUEST. \*ALLERGY WARNING: FOOD PRODUCED IN A FACILITY THAT MAY ALSO HANDLE PEANUTS AND OTHER ALLERGENS, PLEASE SPEAK TO YOUR SERVER IF YOU HAVE A FOOD ALLERGY\*



[flo.io/B962](https://flo.io/B962)

 - Vegan  - Gluten Friendly

# BITES & BOWLS



**Bacon My Heart** • GF  
\$5.29 280 cal  
egg, bacon, cheddar, & chives



**The Goat** • GF  
\$5.29 160 cal  
egg, spinach, goat cheese,  
& roasted tomato



**MV-Parfait** • GF  
\$9.49 410 cal  
yogurt, banana, strawberries,  
blueberries, granola,  
& coconut flakes



**Time Oat** • V  
\$6.99 350 cal  
oats, oat milk, chia seeds,  
craisins, bananas,  
strawberries, & blueberries



**Banana Muffin**  
\$5.29 220 cal  
banana, dates, almond butter, vanilla  
pea protein, soy protein puffs, chia  
seeds, cocoa powder, & kosher salt



**Coco Nutty**  
\$5.29 290 cal  
dates, almond butter, vanilla pea  
protein, coconut, chia seeds, coconut  
oil, cocoa powder, & kosher salt



**PB Dream**  
\$5.29 270 cal  
peanut butter, chia seeds, dates,  
vanilla pea protein, rolled oats,  
rice cereal, & kosher salt

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# ACAI BOWLS

**\$12.99**  
all acai bowls



## Acai Ya Later

450 cal  
acai sorbet, banana, strawberries,  
blueberries, kiwi, & granola



## Protein Power Play •

600 cal  
acai sorbet, banana, strawberries,  
cacao nibs, protein puffs,  
& cashew butter



## Give Me S'more

700 cal  
acai sorbet, banana, cashew  
butter, granola, cacao nibs,  
& vegan marshmallows



## Tropic Time •

340 cal  
dragon fruit sorbet, mango  
sorbet, banana, strawberries, kiwi,  
blueberries, & toasted coconut



## Imagine Dragon Fruit

430 cal  
acai sorbet, dragon fruit sorbet, banana,  
toasted coconut, granola, & blueberries



## Two To Mango •

410 cal  
acai sorbet, mango sorbet, banana,  
strawberries, pepitas, blueberries,  
& toasted coconut



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*All acai bowls are gluten friendly*

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# SMOOTHIES

**\$8.69**  
all smoothies



## Big Island

280 cal  
banana, pineapple,  
coconut milk, & vanilla  
pea protein



## Date Night

540 cal  
banana, medjool date,  
almond butter, cacao nibs,  
& vanilla pea protein



## Green Glow

210 cal  
banana, pineapple, mango,  
spinach, ginger, & plain  
pea protein



## Maple Pea-Nut

480 cal  
banana, maple syrup, PB,  
coconut milk, & vanilla  
pea protein



## Purple Rain

270 cal  
banana, blueberries,  
strawberries, apple,  
& plain pea protein



## Rise & Grind

460 cal  
banana, cold brew coffee,  
oat milk, cashew butter,  
& vanilla pea protein



## Strawberry Sunrise

240 cal  
banana, strawberries, mango,  
& plain pea protein



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*All smoothies are vegan and gluten friendly*

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