

SIGNATURE SALADS

BBQ SMOKESHOW • GF

mixed greens, romaine, BBQ chicken thigh, napa cabbage, carrot, pickled onion, roasted corn & poblano, blue corn chips, & smoky BBQ ranch

\$14.49

490 cal

CINCO DE LIGHT • GF

romaine, arugula, avocado, queso fresco, pepitas, roasted corn, tomatoes, jalapeño, blue corn chips, lime squeeze, & jalapeño lime vinaigrette

\$13.69

540 cal

CLASSIC CHICKEN CAESAR • GF

kale, romaine, roasted chicken, tomatoes, sunflower seeds, shaved parmesan, parmesan crisps, lemon squeeze, & classic caesar dressing

\$13.69

530 cal

NO PROB COBB • GF

spinach, kale, roasted chicken, avocado, egg, bacon, queso fresco, jalapeño, tomatoes, lemon squeeze, & jalapeño green goddess dressing

\$16.29

560 cal

THAI & STOP ME • GF

arugula, mixed greens, citrus shrimp, orange slices, daikon radish, napa cabbage, carrot, basil, mint, cilantro, peanuts, lime squeeze, & thai peanut dressing

\$16.29

350 cal

WILD WILD SOUTHWEST • GF

spinach, arugula, roasted chicken, roasted corn & poblano, black beans, white cheddar, tomatoes, cilantro, blue corn chips, & creamy southwestern dressing

\$14.99

620 cal

YOU FETA BELIEVE IT • GF

spinach, mixed greens, roasted chicken, strawberries, cucumber, feta, sunflower seeds, basil, & balsamic vinaigrette

\$14.49

500 cal



an **OTG** experience®

SCAN HERET
FOR TAKEOUT



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*CONSUMING RAW OR UNDERCOOKED MEAT, FISH, SHELLFISH, POULTRY OR EGGS CAN INCREASE YOUR CHANCES FOR A FOODBORNE ILLNESS. MORE INFORMATION FOR ALTERNATIVE CHOICES IS AVAILABLE UPON REQUEST. *ALLERGY WARNING: FOOD PRODUCED IN A FACILITY THAT MAY ALSO HANDLE PEANUTS AND OTHER ALLERGENS, PLEASE SPEAK TO YOUR SERVER IF YOU HAVE A FOOD ALLERGY*

WARM GRAIN BOWLS

AHH...GREEK OUT!

brown rice, spinach, roasted chicken, roasted tomatoes, kalamata olives, feta, cucumbers, radicchio, hummus, pita chips**, & lemon-herb vinaigrette

\$ 15.29

560 cal

CRISPY TERIYAKI

brown rice, spinach, roasted chicken, napa cabbage, carrot, roasted broccoli, fajita peppers & onions, crispy wontons, & teriyaki dressing

\$ 14.49

490 cal

FIESTA BOWL • GF

brown rice, roasted chicken, avocado, napa cabbage, jalapeño, black beans, fajita peppers & onions, queso fresco, pepitas, roasted tomatillo salsa, lime squeeze, & jalapeño-lime vinaigrette

\$ 14.49

760 cal

SEOUL BOWL • V

brown rice, spinach, tofu, roasted mushrooms, cucumber, daikon radish, napa cabbage, carrot, cilantro, spicy bibimbap sauce**, sesame seeds, & korean chile cashew dressing**

\$ 14.49

530 cal

THE BOLD & THE BUFFALO

brown rice, arugula, buffalo chicken, carrot, radicchio, white cheddar, roasted cauliflower, croutons**, and C&G ranch

\$ 14.99

520 cal



PRO
TIP #1

sub **buffalo chicken** for roasted chicken to add a little kick

V = VEGAN GF = GLUTEN-FRIENDLY ** = CONTAINS GLUTEN

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SMOOTHIES

\$8.69
all smoothies

BIG ISLAND

banana, pineapple, coconut milk, vanilla pea protein

280 cal

DATE NIGHT

banana, medjool date, almond butter, cacao nibs, vanilla pea protein

540 cal

GREEN GLOW

banana, spinach, ginger, pineapple, mango, plain pea protein

210 cal

MAPLE PEA-NUT

banana, maple syrup, PB, coconut milk, vanilla pea protein

480 cal

PURPLE RAIN

banana, blueberries, strawberries, apple, plain pea protein

270 cal

RISE & GRIND

banana, cold brew, oat milk, cashew butter, vanilla pea protein

460 cal

STRAWBERRY SUNRISE

banana, strawberries, mango, plain pea protein

240 cal

ALL SMOOTHIES ARE VEGAN AND GLUTEN FRIENDLY



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ACAI BOWLS

\$12.99
all bowls



ACAI YA LATER

450 cal

acai sorbet, banana, strawberries, blueberries, kiwi, granola



TROPIC TIME ✓

340 cal

dragon fruit sorbet, mango sorbet, banana, strawberries, kiwi, blueberries, & toasted coconut



GIVE ME S'MORE

700 cal

acai sorbet, banana, cashew butter, granola, cacao nibs, vegan marshmallows



PROTEIN POWER PLAY ✓

600 cal

acai sorbet, banana, strawberries, cacao nibs, protein puffs, cashew butter



IMAGINE DRAGON FRUIT

430 cal

acai sorbet, dragon fruit sorbet, banana, toasted coconut, granola, blueberries



TWO TO MANGO ✓

430 cal

acai sorbet, mango sorbet, banana, strawberries, pepitas, blueberries, toasted coconut



ALL ACAI BOWLS ARE GLUTEN FRIENDLY ✓ = VEGAN

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